

Zeitplan BAWÜ Senioren / SLV Aktive/U20 Bahngehen im Rahmen des Läufer-/Gehertages am 22. September 2018 in Bühlertal

Stand: 19.09.2018

| ZEIT | Kinder | | Kinder | | Jugend | | Jugend | | Jugend | | Jugend | | Aktive | | Senioren | | ZEIT | |
|-------|--|--|---------------------|-------|-------------|-------|----------|--------------|---------------------------------|------------|---------------------------------|------------|---------------------------------|------------|---------------------------------|--------|-------|-------|
| | m U10 | w U10 | m U12 | w U12 | m U14 | w U14 | m U16 | w U16 | m U18 | w U18 | m U20 | w U20 | männl. | weibl. | männl. | weibl. | | |
| 13:00 | | | | | | | 100m | | 100m | | 100m | | 100m | | | | 13:00 | |
| 13:15 | 3 x 400m Gehstaffel mit Schnuppergehen für die Kleinsten | | 3 x 600m Gehstaffel | | | | | | | | | | | | | | 13:15 | |
| 13:30 | | | | | | | 4 x 100m | | 4 x 100m | | 4 x 100m | | 4 x 100m | | | | 13:30 | |
| 13:45 | | | | | | | | 1500m | | | | | | | | | | 13:45 |
| 14:00 | | | | | Weit (Zone) | | Weit | | Weit | | Weit | | Weit | | | | 14:00 | |
| 14:15 | | | 1000m BG | | 2000m BG | | 3000m BG | | 3000m BG | | | | | | | | 14:15 | |
| 14:45 | | ACHTUNG NEU !!!! BAWÜ & SLV Gehen | | | | | | | 5000m BG Zielschluss: 40min. | | 5000m BG Zielschluss: 40min. | | 5000m BG Zielschluss: 40min. | | 5000m BG Zielschluss: 40min. | | 14:45 | |
| 15:15 | | | | | | | | Kugel | | Kugel | | Kugel | | | | | 15:15 | |
| 15:30 | | | | | | | | | | 10 000m BG | | 10 000m BG | | 10 000m BG | | | 15:30 | |
| | | | | | | | | 5000m BG | | 5000m BG | | 5000m BG | | 5000m BG | | | | |
| 16:45 | | | | | 800m - Lauf | | Hoch | | | | | | | | | | 16:45 | |
| 17:00 | | | | | | | | 800m - Lauf | | | | | | | | | | 17:00 |
| 17:15 | | | | | | | | 400m | | 400m | | 400m | | | | | 17:15 | |
| 17:30 | | | | | | | | 3000m - Lauf | | | | | | | | | | 17:30 |